



Welcome to ADCU

Welcome to ADCU, the Admission and Day Case Unit. If you are unsure if you are a day case or an inpatient, please speak to one of the receptionists who will happily help you.

Day Case Patients

Once you have checked in with reception you will be called through to our Day Case Suite which is where you will be staying until you are discharged. Depending on how many patients are listed for day cases you may have a wait in reception until you are taken through. We have a restaurant onsite where relatives/friends are welcome to wait if they do not wish to leave. Please remember your admission time is not the time you will have your procedure, but it allows for you to be admitted, speak to the medical team and ensures you are safely prepared for your procedure. The order of the operating list is not confirmed until the day of admission so you could be waiting some hours before your procedure. If you have any questions or would like an update, please ask any staff member. Once you have had your procedure and you are back on ADCU, you will be monitored over a timely period which is determined by the type of anaesthetic and procedure you have had. This period can range from approximately 30 minutes to 2 hours depending on how well you recover post anaesthetic before you are discharged.

Inpatients

Once you have checked in at reception you will be waiting in the waiting area until you are called to go to theatre. Whilst you are waiting you will be called into a consultation room in the waiting area to complete the necessary paperwork and see your surgical team. However, if you are first on the list you will go through to our day case bays to be admitted and prepared for theatre.

As an inpatient it is expected you will be staying a minimum of one night in the hospital. However, you may not be allocated a destination ward (the ward where you will spend the rest of your stay) until after you have gone to theatre. Please remember your admission time is not the time you will have your procedure, but it allows for you to be admitted, to speak to the medical team and ensures you are safely prepared for your procedure.

There are 15 operating theatres at The Royal Orthopaedic Hospital, therefore please do not be concerned if other patients are seen before you. The order of the operating list is not confirmed until the day of admission so you could be waiting some hours before your procedure. We understand this may be a long wait for you. If you have any concerns, please make the staff aware.

Contact number

Relatives may receive updates from the reception staff by contacting ADCU Reception on 0121 685 4080. Relatives can wait in Cafe Royale which is based on the first floor.