

# Delegate pack

## Birmingham and Solihull Women's health Conference



9am- 3pm

Friday 28 June

The Hub at West Midlands Fire Service

99 Vauxhall Road

Nechells

Birmingham

B7 4HW



## Introduction

### Jo Williams, CEO ROH and Women's Health Hubs Senior Responsible Officer

Welcome to the Birmingham and Solihull Women's health Conference 2024. I think it's fantastic that we're able to get together and focus on a topic of such immense importance. Women's health is not a singular issue. It is a multi-faceted and complex. We know that women face particular health inequalities in the UK, and it is the same in Birmingham and Solihull. I'm sure you'll agree that this is unacceptable. We must collaborate to build person-centred strategies, systems and services. Fortunately, that's what this conference is all about!

This conference is an opportunity to build consensus. An opportunity to talk about the challenges and the solutions. It is an important step on our journey towards building a more coordinated and community-centric approach to women's health. So I'm glad you are part of it!

The agenda has been built to help us understand the challenge ahead of us, then look at practical solutions. Developing a Women's Health Hub is one part of the solution, so we'll spend time thinking about that. I'm also keen that we use this conference as a catalyst to start a conversation with people in Birmingham and Solihull about our long-term strategy for women's health. I encourage you to listen, learn, contribute and make the most of this opportunity.

My thanks to you and to our event organisers, presenters, panellists and facilitators.

*Jo Williams*

## A note on pre-election guidance

As most will appreciate, we are in the pre-election period. We have decided to continue with this conference because the subject is very important, the content is not inherently political and the agenda does not include any prospective political candidates. However, we encourage attendees to be cautious with their use of social media. Please act in accordance with pre-election guidance and do not share presenters content with non-attendees. [You can read guidance here](#). If you need further guidance, please contact the Communications Team via [communications.bsolicb@nhs.net](mailto:communications.bsolicb@nhs.net)



# Essential information

## Logistics

**Time:** 9am - 3pm

**Date:** Friday 28 June

**Location:**

The Hub at West Midlands Fire Service

99 Vauxhall Road

Nechells

Birmingham

B7 4HW

[wmfs.net/the-hub](https://wmfs.net/the-hub)

**Parking:** Free parking is available for the conference at the fire station. There is a small carpark directly in front of reception. Once that carpark is full, please utilise the multi-storey carpark located next to the fire station hub on St James' Place.

**Directions to the fire station hub multi-storey carpark:** Coming from the Curzon circle roundabout, take the 3rd turning on the right, just after the petrol station. Once on St James' Place, drive to the end of the street and the carpark is a blue roofed building on the right hand side. To enter the carpark just press the intercom and inform reception that you are here for the Women's health Conference at the Fire Service HQ. You will then be allowed to enter the secure carpark and park your vehicle. For further support call 0121 380 7450 / 6660

**Refreshments:** Refreshments will be served throughout the day and will include vegan, vegetarian and halal options. You will have indicated dietary requirements when registering, but if you have concerns on the day please speak with a member of the team.

**Accessibility:** If you have any accessibility needs or additional needs please inform us and we will support you:  
[roh.comms@nhs.net](mailto:roh.comms@nhs.net)

## Registration

Spaces are limited. You must register if you plan to attend:

<https://www.ticketsource.co.uk/nhs-birmingham-and-solihull-icb>

## Support before the event

If you need to ask questions before the event, please contact: [saba.yasin1@nhs.net](mailto:saba.yasin1@nhs.net)

## Support on the day

Your contacts for the day will be:

- Lorrenda Waite
- Saba Yasin
- Amos Mallard
- Yasmin Brown

## Filming on the day

There will be filming and photography happening throughout the conference to support promotion and learning. Please notify the team when registering if you do not wish to be included.

## Submitting panel questions

A panel will be taking place in the afternoon. If you'd like to submit a question ahead of the event, please email [roh.coms@nhs.net](mailto:roh.coms@nhs.net)

## Context setting

- [Read Women's health Strategy for England](#)
- [Read about Women's Health Hubs](#)
- [Read Birmingham Women's health Needs report - April 2024](#)



# Agenda

Time	Topic	Speaker	
9 – 9:30am	Registration, refreshments and networking		
9:30 – 9:45	Conference welcome	Prof Patrick Vernon OBE, Chair, BSol ICB	
9:45 – 10am	Introduction: collaboration is key	Jo Williams, CEO ROH and WHH SRO	
10 – 10:30am	Our context: Women's maternal health in Birmingham and Solihull / NHS overview and Q&A	Dr Deepthi Jyothish, SRO Infant Mortality, Consultant Paediatrician, BWCH	
10:30 – 10:50am	Birmingham Women's health needs report with recommendations: Birmingham City Council, Public Health	Monika Rozanski, Service Lead – Inclusion Health, Public Health Division, Birmingham Yasmin Nessa, Senior Public Health Officer	
10:50 – 11:15am	Women's Health Hubs: what the research says	Dr Beck Taylor, Clinical Associate Professor in Public Health, University of Warwick	
11:15 – 11:35am	Refreshments and comfort break		
11:35 – 11:55am	Establishing a hub and spoke model to increase access to contraception	Ruth Tennant, Director of Public Health, Solihull MBC	
11:55am – 12:10pm	Community engagement: working in collaboration with our communities	Tony Kelly, Diabetes Ambassador/Activist (volunteer) BSol ICS	
12:10 – 12:45pm	Timeline to build our Health Hub and workshop introduction	Jo Williams, CEO ROH and WHH SRO Julie Gardner, Assistant Director, BWCH	
	Workshop TBC (four facilitators will rotate)		
	<b>Topic</b>	<b>Rationale</b>	<b>Facilitator</b>
	Digital and LinA	About the LinA tool, how it will work, impact and engagement	Julie Gardner, BWCH
	WHH offer	Integrating the WHH offer in our communities in BSOL	Raffaella Goodby, (WHH Executive Lead) BWCH
Engaging communities	How communities can help set local strategy	Dr Fatima Zakia, BCHC	
Targeted interventions	Making progress against a priority area (e.g. menopause support)	Wendy Madden, UHB	
12:45am – 1:45pm	Lunch		
1:45 – 2:30pm	Panel Q&A: Women's health, the challenges, the solutions and working together	Panel speakers	
2:30 – 2:45pm	Developing a strategy: our next steps	Jo Williams, CEO ROH and WHH SRO	
2:45 – 3pm	Closing remarks	Jo Williams, CEO ROH and WHH SRO	



# Presenter bios

## Prof Patrick Vernon OBE

Prof Patrick Vernon OBE is the Chair of NHS Birmingham and Solihull Integrated Care Board (BSol ICB). Patrick has over twenty years' senior experience working across mental health, public health, heritage and race equality and is well known in health, local government and the voluntary sector.

## Jo Williams

Jo is the CEO at the Royal Orthopaedic Hospital. She joined in 2017, previously working in a variety of senior management roles in acute trusts. Jo is a passionate advocate for women and for wellbeing. She is the BSol ICB Senior Responsible Officer for the development of Women's Health Hubs.

## Dr Deepthi Jyothish

Dr Deepthi Jyothish, is a Consultant Paediatrician at Birmingham Women's and Children's NHS Foundation Trust. Deepthi is the Infant Mortality Senior Responsible Officer for the BSol ICB Health Inequalities Strategy.

## Monika Rozanski

Monika is an experienced public health service lead currently leading on the work to address health inequalities affecting inclusion health groups and the gender health project in Birmingham. Monika has worked across a wide range of disciplines, including health improvement, health inequalities and health protection. She has expertise in health and care systems strategy development and commissioning. Originally from Poland, she started her career in the UK as a university lecturer and a radio broadcaster for the BBC, followed by working as a translator/ interpreter and a project manager, but over 13 years ago her career journey took her ultimately on a path to public health leadership.

## Yasmin Nessa

Yasmin is a public health officer supporting work relating to gender and inclusion health in Birmingham. She's been leading the gender public health project in Birmingham and is a co-author of the Birmingham Women's health Needs Report (2024). She has been recognised internationally, nationally and locally in her work for reducing health inequalities for women and girls from the South Asian community through volunteering which led her to working in local government, and subsequently public health.

## Dr Beck Taylor

Dr Beck Taylor is a Clinical Associate Professor in Public Health at Warwick Medical School and an Honorary Consultant in Public Health at NHS England. She leads and contributes to a wide portfolio of multidisciplinary, cross-institutional research. She brings a public health perspective to investigating complex clinical, service and policy questions, particularly in maternity and women's health, and has extensive experience of research collaboration in Birmingham and across the West Midlands. She led the recent national evaluation of early Women's Health Hub models and is currently leading a national evaluation of commissioning of women's health across the life course as part of the NIHR Reproductive Health Policy Research Unit.

## Ruth Tennant

Ruth is the Director of Public Health at Solihull Metropolitan Borough Council. Ruth has worked across a wide range of sectors, including the European Parliament, Audit Commission and King's Fund. She has responsibility for health and well-being, leisure services and leads resilience and emergency planning for Coventry, Warwickshire and Solihull.

## Tony Kelly

Tony is a passionate diabetes ambassador and activist who works with BSol ICS and is an expert by experience. Tony has significant experience across a range of organisations and sectors and holds a variety of roles including author, contributor, activist and volunteer. He is one of Diabetes UK's Community Champions and an advocate for health and prevention.



## Panel members

### Salma Yaqoob (panel facilitator)

Salma is the Assistant Director of Health Inequalities for BSol ICB. She has a wealth of experience in the health sector as both a psychotherapist and in senior leadership roles. She is also a human rights advocate with a background in politics and grassroots activism.

### Dr Aamena Salar

Dr Aamena Salar is a GP with an extended role in gynaecology and a partner in the Modality Partnership. Aamena developed her interest in women's health as a GP Registrar in Birmingham and has gone on to establish a range of services to support women and clinicians. Aamena is also involved in research and is working with the University of Birmingham on a study which supports early diagnosis of ovarian cancer.

### Faith Button

Faith is Chief Delivery Officer for BSol ICB. Faith has worked in a number of acute trusts in senior roles in London and the South with over 20 years' experience. She has a strong background in senior operational management and performance management.

### Roisin Fallon-Williams

Roisin is the Chief Executive of Birmingham and Solihull Mental Health Foundation Trust. Roisin is a Registered Learning Disability Nurse who spent much of her early career in clinical roles in and around Hertfordshire, within mental health and learning disability NHS organisations. Roisin has held a variety of Board roles with a wide range of responsibilities and has a track record of improvement.

### Ruth Tennant

Ruth is the Director of Public Health at Solihull Metropolitan Borough Council. Ruth has worked across a wide range of sectors, including the European Parliament, Audit Commission and King's Fund. She has responsibility for health and wellbeing, leisure services and leads resilience and emergency planning for Coventry, Warwickshire and Solihull.

### Dr Pratima Gupta

Dr Pratima Gupta is a Consultant Obstetrician and Gynaecologist and Medical Director at Solihull Hospital. She has a special interest in menopause, miscarriage management and ambulatory gynaecology. Pratima is involved in research and has a range of publications related to women's health.

### Jacynth Ivey

Jacynth is a Non-Executive Director at both University Hospitals Birmingham and Birmingham Community Healthcare Trust. She has more than 20 years' experience as a clinician and is a former nurse, midwife, health visitor. Jacynth is also the owner of Inspiring Hope, an organisation which supports the embedment of diversity, equity, and inclusion into organisational systems.

### Naseem Akhtar

Naseem is the founder and CEO of Saheli Hub, a Birmingham-based organisation which challenges stereotypes and breaks down barriers for women's participation in physical activity and sport. [The Saheli Hub](#) has helped thousands of women and supported local communities to participate. Naseem has an MSc in Regeneration policy and research and delivers leadership training for the Local Government Association and Sport England.



# Help us improve! Complete your evaluation form

Please take the time to share your evaluation of this event with us (form opens on 28 June).



## Acronym guide

BCC = Birmingham City Council  
BCHC = Birmingham Community Healthcare NHS Foundation Trust  
BSMHFT = Birmingham and Solihull Mental Health NHS Foundation Trust  
BSol ICB = NHS Birmingham and Solihull Integrated Care Board  
BSol ICS = Birmingham and Solihull Integrated Care System  
BWCH = Birmingham Women's and Children's NHS Foundation Trust  
NIHR West Midlands ARC = National Institute for Healthcare Research Applied Research Collaboration  
OBE = Order of the British Empire  
ROH = Royal Orthopaedic Hospital NHS Foundation Trust  
SMBC = Solihull Metropolitan Borough Council  
SRO = Senior Responsible Officer  
SWBH = Sandwell and West Birmingham NHS Trust  
UHB = University Hospitals Birmingham NHS Foundation Trust  
WH = Women's health  
WHH = Women's Health Hub  
WMAS = West Midlands Ambulance Service University NHS Foundation Trust