



# Senna (Sennosides)

## It is to help:



Make it easier to poo

## How to use it:



Take senna at bedtime



**Tablets:** Swallow with a glass of water



**Liquid:** Measure each dose, swallow it and then drink a glass of water

## You may:



Have tummy pain



Have runny poo



Have red or brown wee

## If you would like to know more:



Ask your nurse, pharmacist or doctor

Or ask your carer to find out more for you from the leaflet inside the medicine box