

Pre-operative Assessment Medication Instructions

IMPORTANT!
If you do not follow the advice below, your surgery may be cancelled

We recommend that you stop some of your medication before your surgery date.

Patient name:_____

Date:_____

Medicine name	Change required: stop/omit or change dose (delete as appropriate)
	Stop/Omit/Change
	Stop/Omit/Change
	Stop/Omit/Change
	Stop/Omit/Change
	Stop/Omit/Change

Stop all supplements including vitamins, minerals or products from health food shops for 7 days before your operation. (If you do not get enough notice of your operation date stop as soon as possible).

If you take warfarin you will be given a separate information sheet.

Continue all other medication as normal. On the day of your procedure take any morning medication around 6am with water. You can drink as much water as you like until admission.

Should there be any changes to your medicines following your assessment, or if you need further information, please call Pre-Operative Assessment Clinic (POAC) on:- 0121 812 3256 or 0121 812 3257.

If you have any concerns or queries about medicine before your operation, please telephone POAC to speak to the pharmacy team on the number above.

What should I do if my medication is in a blister pack?

If your regular medication is supplied to you in a blister pack by your community pharmacy, please request a short supply of the medicines in individual boxes to cover your hospital stay.

Your community pharmacy can help with managing the medication in the blister pack if you have been asked to withhold medication before surgery.

Medication for your hospital stay

To help ensure that you don't miss any doses of your regular medication it is important to bring in **MOST** of your regular medication in the bag provided for you at Pre-Assessment Clinic.

Do not bring the following into hospital:

- Opiate based painkillers eg. morphine, codeine, tramadol, oxycodone
- Gabapentin, pregabalin
- Benzodiazepines and sleeping pills eg. Diazepam, Lorazepam, zopiclone, zolpidem unless it is to treat epilepsy

Please bring an adequate supply of your medicines into hospital in their original labelled boxes.

You can continue having your own medicines as part of your treatment in hospital. This is safer, as your medicine is familiar to you, and can reduce delays.

On the wards, the nursing team and the pharmacy team are available to answer questions, review your medication and advise you when to restart any paused medicines.

For discharge, we recommend you should have an adequate supply of simple pain killers eg paracetamol and ibuprofen (if suitable for you), and laxatives, eg senna at home as the hospital will not provide these. Ask a healthcare professional if you are unsure which medicines you can take.

What should I do if my operation is postponed/cancelled?

If the date of your operation is changed in anyway the hospital should give you advice on how to manage any medicines paused for your operation. If you have not received this advice or have any queries please telephone the Pre Op Assessment Clinic on **0121 812 3256**.

Information sheet given to patient :

- ☐ In person
- ☐ Via post
- ☐ Via email

Form completed by:_____

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