



Preparing for your admission - transition to adult services (16-18 year olds)

COVID-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms include a cough, a high temperature, shortness of breath and loss or change to your sense of smell or taste.

Do not attend if you have symptoms

Firstly, if you or any member of your household is showing symptoms of Coronavirus please do not attend your appointment. Inform us, and we will rearrange your appointment.

More information about Coronavirus symptoms can be found at www.nhs.uk

Before your procedure

Self-isolation for 14 days at home

Before your procedure you must self-isolate in your home for 14 days depending on your circumstances. This period of pre-operative isolation is the most important thing you can do to protect yourself and others before your surgery. Before your self isolation begins you should decide who will accompany you to hospital:



- If it is a member of your household, your household must self-isolate with you to offer you the greatest protection.
- If they are outside your household, they must self isolate too

If you, or a member of your household becomes symptomatic at any time you should inform us as soon as possible.

The latest symptoms can be found at www.gov.uk/coronavirus

Swab testing

Every patient who is having a procedure, will be screened to check if they are positive or negative for Coronavirus.

You will be contacted by the hospital about having nose and throat swabs taken to confirm your COVID-19 status before your admission.

Accompanying parent/carer

We understand that moving into adult services can sometimes be a stressful and anxious time for some young adults without the added concerns of COVID-19.

A policy is in place to ensure that one parent/carer can accompany all 16 – 18 year old young adults to the hospital for appointments, day case procedures and inpatient stays if the young person wishes them to. We have however put some extra steps in place to help protect yourselves, other patients and the staff involved in your treatment.



If your parent/carer is coming into hospital with you then they are required to self-isolate for 14 days prior to admission, in a similar way that you must. Ideally, we require the whole of your household to isolate but if this is not possible, then it is important that you and your parent separate yourselves totally from the other members of your household. Information about Isolating will be given to you at your pre-assessment appointment or can be found on our website www.roh.nhs.uk



Your parent/carer attending with you is required to have a COVID-19 swab test for themselves at 48 hours prior to your admission day. Your parent is responsible for organising their own

single swab test by booking an appointment at a local drive-through or walk-through test site. The Swab results will be sent to the parent/carer and the Trust require the results to be available for review when the patient is admitted. Your parent/carer needs to show the test results to the staff on admission, and the results will be documented in the patient notes.

COVID-19 swab tests can be booked online: www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-an-antigen-test-to-check-if-you-have-coronavirus/

If your parent / carer receives a positive result, they must contact us as soon as possible.

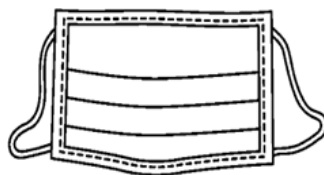
If you have a parent /carer staying with you in hospital then they will be classed as your daily visitor, in compliance with the Trusts COVID-19 visiting policy. Unfortunately, you will not be able to have any other visitors in addition. We understand this may be difficult, especially if you are staying for several days, but this is important to protect not only you, but other patients and staff.

We appreciate that your parent/ carer may require to leave the ward area for short episodes for example to access food in the restaurant, but request this is reduced to the minimum possible.

Admission to hospital

On the day that you are admitted to hospital you will pass through a 'donning station' where:

- Your temperature will be checked via an infrared scanner
- You will sanitise your hands
- You will be given a mask to wear



Every member of staff, patient and visitor must follow this procedure.

A mask should be worn by everyone in all public areas. This includes anywhere members of the public are permitted to enter (wards, corridors, Cafe Royale etc)

Having your operation

If you would like the support of your parent/ carer with you when you go into the anaesthetic room and after surgery in recovery, then this is still possible, but we will require your parent/ carer to wear personal protective equipment (PPE). This PPE will need to be put on at the theatre entrance and consists of a gown, over shoes and a mask. Please discuss this with the Transition Nurse or ward staff who can ensure the correct equipment is available.

Contact Information

We are working differently to ensure you are as safe as possible. It is natural for you to have questions and we encourage you to find out more and get in touch.

Transition Clinical Nurse Specialist - Clare Hinwood

07970874392
clare.hinwood@nhs.net

Pre-Operative Assessment Clinic

0121 685 4362

Out of hours contact - Clinical Site Coordinator

0121 685 4000

Visit our website

We will be updating our website regularly. Please visit www.roh.nhs.uk

Latest Government and NHS guidance

As things change and develop, check for the latest updates on:

www.gov.uk
www.nhs.uk