

Is it time for a  
new hip or knee?

Read this leaflet  
and find out how  
we can help...

## Talk to your GP

*You can choose where you  
want to receive treatment.*

When you're ready to think about joint replacement, talk to your GP about the options available to you. Ask for the JointCare programme at The Royal Orthopaedic Hospital

## Talk to us

0121 685 4000  
rohjoint.care@nhs.net  
www.roh.nhs.uk

JointCare at The Royal  
Orthopaedic Hospital



To re-order this leaflet, please contact [roh.comms@nhs.net](mailto:roh.comms@nhs.net) and quote the following reference:

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# Life is for living

**Don't put up with pain  
Talk to the experts**



*Experience modern hip  
and knee replacement in  
a centre of excellence*

JointCare at The Royal  
Orthopaedic Hospital



**NHS**  
The Royal  
Orthopaedic Hospital  
NHS Foundation Trust

## Is it time for a joint replacement?

There may come a time when knee or hip pain reduces the quality of your life. Perhaps you've noticed that pain is preventing you from doing the things you enjoy? Don't put up with pain.

## JointCare - expertise in a centre of excellence

JointCare at The Royal Orthopaedic Hospital is a modern hip and knee replacement service for NHS patients.

JointCare brings together a team of experienced and highly skilled surgeons with an amazing care team. Our goal is to provide seamless, efficient care and have you healthy and doing the things you enjoy as quickly as possible.

## This is modern joint replacement

We have designed a specific and tailored service to care for knee and hip replacement patients. No hospital gowns and long hours in bed; this is all about wellness and recovery.

You'll receive incredible care and recover in an environment which encourages you to move and improve. You'll receive information before and after your procedure so that you're empowered to help yourself. You'll also take part in group physiotherapy sessions and your family and friends will have a role in supporting you during your stay.

We are at the forefront of joint replacement surgery and have been for a very long time.

## The benefits

Most routine JointCare patients can expect to go home after their hip or knee replacement within 24 to 48 hours. You can expect to recover more quickly and experience the amazing care and outcomes that The Royal Orthopaedic Hospital is known for.

## The risks

Hip replacement is a common surgery and in the majority of cases there are no complications. However, it is a major surgery and like any major surgery there are risks to consider. Your surgeon and healthcare team will take great care to minimise the risk of these and other complications. If you have any questions, please speak with us.



*(Average rating from patients: [www.nhs.uk](http://www.nhs.uk))*



## How to book a consultation

We're ready to care for you. Speak with your GP about a referral to The Royal Orthopaedic Hospital.

You can choose the hospital for your hip or knee replacement; we are an excellent choice:

- Shorter waiting times
- Outstanding patient experience
- Among the best clinical outcomes

Call **0121 685 4000** or visit [www.roh.nhs.uk](http://www.roh.nhs.uk) to find out more.

